

NIBBLES — To natter over

MARINATED MIXED OLIVES (V)	£1.95
MIXED NUTS (V, N)	£1.50
BREAD BOARD (V)	£3.95

Mixed breads, olive oil, balsamic vinegar & butter

STARTERS — To begin with

STICKY BBQ RIBS (GF)	£5.50
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Half rack of ribs in sticky BBQ sauce

GARLIC PRAWNS	£6.50
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Garlic butter, white wine, lemon, bread

SMOKED SALMON	£6.50
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Soda bread, horseradish dip

GARLIC MUSHROOMS (V)	£4.95
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Cream garlic & herb sauce, sour dough

CAESAR SALAD	£4.95
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Baby gem, croutons, bacon, soft egg, pickled anchovies, parmesan, Caesar dressing (V) Remove parmesan, anchovies & bacon

CALAMARI	£5.50
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Deep fried breaded squid, garlic mayonnaise

BUTCHERS CHIPOLATAS	£4.95
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Pork chipolatas glazed in honey & mustard

PRAWN COCKTAIL	£5.75
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Prawns, smoked salmon, avocado, marie rose dressing, lettuce, soda bread

MUSSELS	£5.25
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White wine, cream, garlic, lemon, bread

BRIE WEDGES (V)	£5.50
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Breaded wedges, chilli jam

VEGETABLE & HALLOUMI SKEWER (V) (GF)	£4.95
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Haloumi, peppers, onion & mushroom, herb marinade

MIDDLETONS TERRINE	£5.25
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Pork, liver, cider & herb terrine, wrapped in Serrano ham, pickled relish, bread

MIDDLETONS BOARD	£15.95
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Terrine, garlic mushrooms, brie wedges, chipolatas, mixed breads & olives

SALADS — Freshly chopped seasoned & dressed

STEAK & BLUE CHEESE (N, GF)	£10.95
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Sirloin steak, stilton, walnuts, mixed leaves, herb dressing

CHICKEN CAESAR	£9.95
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Chicken breast, baby gem, bacon, soft egg, croutons, parmesan, pickled anchovies, Caesar dressing (V) For vegetarian option remove chicken breast, bacon, anchovies, parmesan

MIDDLETONS SEASONAL SALAD (V)	£7.95
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Ask your waiter for details

SIDES — Something extra to enjoy

FRIES, WEDGES, NEW POTATOES, JACKET POTATO, GARDEN SALAD, COLESLAW, CRUSHED PEAS	£2.50
MUSHROOMS, SEASONAL GREENS	£3.00
DAUPHINOISE, ONION RINGS, GREEK SALAD	£3.50
SWEET POTATO FRIES, CAESAR SALAD, SEASONAL SALAD	

SUNDAY LUNCH

Select from a choice of 3 'melt-in-the-mouth' roast meats. Adults £10.95, calves £4.95

Vegetarian alternative available

LITTLE CALVES MENU £4.95

(V) Suitable for vegetarians (N) Contains nuts.

(GF) Gluten Free 🍴 Moderately hot

Should you have any dietary requirements or allergies, please make your waiter aware at the time of ordering

A discretionary 10% service charge will be added to parties of 8 or more

VAT at prevailing rate



All of our meats are carefully prepared at our butchery in Middleton, Norfolk.

STEAKS — Our butchers prime cuts

	6oz	8oz	10oz	12oz
SIRLOIN	£11.25	£14.95	£18.25	£21.95
RIB-EYE	£12.25	£15.95	£19.25	£22.95
FILLET	£16.95	£20.95	£24.95	£28.25

SPECIALITY STEAKS

10oz RUMP STEAK	£16.75
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Marinated in chinese spices

10oz BAVETTE (also known as skirt or flank)	£15.50
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Marinated in oil & fresh herbs

8oz FILLET BEEF WELLINGTON	£24.95
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English mustard, mushrooms, herbs, parma ham, short crust pastry
Served pink or well done

20oz PORK T-BONE	£14.95
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Allow 40 mins cooking time

22oz PORTERHOUSE	£32.95
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Please allow 40 mins cooking time for medium

36oz RIB-EYE ON THE BONE	£49.95
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Suitable for sharing
Please allow 40 mins cooking time for medium

18oz CHATEAUBRIAND	£49.95
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Suitable for sharing
Please allow 40 mins cooking time for medium

ALL STEAKS COME WITH A CHOICE OF 1 SIDE.

All individual steaks are garnished with field mushroom & roast tomato. All weights are approximate before cooking.

SAUCES — To complement your meal

Diane, mushroom, blue cheese, béarnaise, peppercorn or garlic butter.	£2.00
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GRILLS — Our unique collection

MIDDLETONS GRILL 🍴	£17.95
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6oz sirloin or rib-eye, piri piri chicken breast on the bone, sticky BBQ ribs & onion rings

PIRI PIRI CHICKEN BREAST 🍴 (GF)	£11.50
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Chargrilled chicken breast on the bone marinated in spicy piri piri sauce

SURF & TURF 🍴 (GF)	£19.95
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8oz sirloin or rib-eye with piri piri king prawn skewers
Replace prawn skewer with half lobster

STICKY RIBS (GF)	£27.45
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Whole rack of ribs in sticky BBQ sauce

JAMAICAN JERK CHICKEN (GF) 🍴🍴	£12.95
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Whole roast spatchcock chicken marinated in spicy jamaican jerk paste, sour cream
Allow 40 minutes cooking time

STICKY & SPICE (GF) 🍴	£14.50
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Half rack of sticky BBQ ribs & piri piri chicken breast on the bone

PRIME MIDDLETONS GRILL 🍴	£13.95
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6oz fillet steak, piri piri chicken breast on the bone, lamb chop, sticky BBQ ribs & onion rings

STEAK & STICKY (GF)	£24.45
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6oz sirloin or rib-eye with half rack of sticky BBQ ribs

LAMB STEAK (GF)	£15.50
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12oz leg steak on the bone marinated in lemon thyme & garlic

PRIME SURF & TURF (GF) 🍴	£12.95
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6oz fillet & piri piri king prawn skewers
Replace prawn skewer with half lobster

STEAK & SPICE (GF) 🍴	£21.95
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6oz sirloin or rib-eye & piri piri chicken breast on the bone

All grills are served with a choice of 1 side.

All of our steaks & grills are served on wooden boards, please tell your waiter if you would prefer your meal served on a plate.

LUNCH SPECIAL Available Mon-Sat from: 12-3pm.

1 Course £7.45 2 Courses £9.95 3 Courses £10.95

STARTERS

STICKY BBQ RIBS (GF)

Ribs in sticky BBQ sauce

MIDDLETONS TERRINE

Pork, liver, cider & herb terrine, wrapped in Serrano ham, pickled relish

GARLIC MUSHROOMS (V)

Button mushrooms in a creamy garlic & herb sauce, sour dough

PRAWN COCKTAIL

Prawns, smoked salmon, avocado, marie rose dressing, lettuce, soda bread

CALAMARI

Deep fried breaded squid, garlic mayonnaise

MAINS

MINUTE STEAK

Roasted tomato & mushroom

CHEESE BURGER

Soft cheese, lettuce, burger relish
*(V) Vegetarian option available

MUSSELS

White wine, cream, garlic, lemon, bread

BUTTERFLY CHICKEN

Tenderised fillet, lemon

BRIE WEDGES (V)

Breaded wedges, chilli jam

All mains come with a choice of 1 side.

DESSERTS

LEMON POSSET	STICKY TOFFEE PUDDING
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Set lemon cream, berry compote, shortbread biscuit

TIRAMISU	ICE CREAMS (2 SCOOPS) (GF)
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Mascarpone cream, coffee, sponge biscuit, cocoa powder

BANOFFEE PIE	
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Cream, banana, toffee, biscuit base

BURGERS — Made with 100% Steak 🍴🍴🍴

	6oz	8oz
BACON & CHEDDAR	£9.25	£10.95

Steak burger, smoked bacon, emmental cheese, lettuce, burger relish

MUSHROOM	£8.55	£10.25
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Steak burger, sliced button mushrooms, soft cheese, lettuce, burger relish

SURF & TURF	£10.95	£12.75
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Steak burger, king prawns, lettuce, burger relish

SPICED LAMB		£8.25
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Pickled red cabbage, lettuce, cucumber & mint yoghurt

THE MIDDLETON		£12.95
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Steak burger, chicken fillet, BBQ pork, lettuce, tomato

CHICKEN CLUB		£10.75
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Bacon, avocado, lettuce, garlic mayonnaise

REAL GREEK (V)		£8.45
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Falafel burger, haloumi, lettuce, cucumber & mint yoghurt

All burgers come with a choice of 1 side.

SEAFOOD — Our fishmongers finest 🍴🍴

HALF OR WHOLE GRILLED LOBSTER (GF)	£14.95/£29.95
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Garlic butter or Thermidor sauce

CAJUN SALMON FILLET (GF)	£10.95
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Salmon fillet marinated in a Cajun rub

HADDOCK GOUJONS	£10.50
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Beer battered, crushed peas, lemon

MUSSELS	£11.95
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White wine, cream, garlic, bread

WHOLE SEABASS FILLETS (GF)	£14.95
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Lemon & parsley

CALAMARI	£12.50
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Deep-fried breaded squid, garlic mayonnaise

All seafood dishes come with a choice of 1 side.

WE LOVE HEARING ABOUT YOUR VISIT

We love hearing from you and our business thrives on it. Your comments would be welcomed on our website at www.middletons-shg.co.uk