

## Welcome to Middletons

We pride ourselves on delighting our customers by serving delicious meats carefully prepared at our very own butchery in Middleton, Norfolk. All of our dishes are freshly prepared on site.



## Starters

**Sticky BBQ Ribs (GF) 🍴**.....£5.50  
Half rack of ribs in sticky BBQ sauce, chilli & spring onion garnish

**Chicken Liver Pâté**.....£5.95  
Smooth pâté, onion chutney, warm sourdough

**Spicy Chicken Wings 🍴**.....£5.95  
Deep fried chicken wings, spicy breadcrumbs, sour cream

**Ham & Leek Croquettes**.....£5.95  
Ham & leek in béchamel sauce, mustard mayonnaise

**Garlic & Chilli Prawns 🍴**.....£6.50  
Garlic & chilli butter, shell on prawns, white wine, lemon, warm sourdough

**Calamari**.....£5.95  
Deep fried breaded squid, garlic mayonnaise

**Prawn Cocktail**.....£6.25  
Prawns, avocado, marie rose dressing, lettuce, soda bread

**Mussels**.....£5.95  
White wine, cream, garlic, lemon, warm sourdough

**Garlic Mushrooms (V)**.....£5.45  
Creamy garlic & herb sauce, warm sourdough

**Brie Wedges (V)**.....£5.95  
Breaded wedges, chilli jam

**Veg & Halloumi Skewer (V, GF)**....£5.45  
Halloumi, peppers, onion & mushroom, herb marinade

**Middletons Board**.....£15.95  
Smooth pâté, garlic mushrooms, brie wedges, ham & leek croquettes, mixed olives, bread

## Nibbles

**Marinated Mixed Olives (V)**.....£2.45  
**Mixed Nuts (V, N)**.....£1.50  
**Pork Scratchings**.....£2.45  
**Chilli Bites**.....£1.95

## Salads

**Caesar Salad**  
Baby gem, bacon, soft egg, croutons, parmesan, caesar dressing

**Root Salad (N) (GF)**  
Red beetroot, carrot, mouli, golden beetroot, tomato, mixed leaf, pine nuts

**Waldorf Salad (N) (GF)**  
Baby gem, apple, grapes, celery, walnuts, mayonnaise

**With:** Fried Halloumi.....£7.95  
Salmon.....£8.95  
Chicken.....£9.95  
Minute steak.....£10.95

## Steaks

6oz	8oz	10oz	12oz	
Sirloin (GF)...	£11.95	£15.95	£19.45	£22.95
Rib-eye (GF)...	£12.95	£16.95	£19.95	£23.95
Fillet (GF)...	£17.95	£21.95	£25.95	£29.45

All individual steaks come with a field mushroom, roasted tomato, and a choice of 1 side. All weights are approximate before cooking.

## Speciality Steaks

**10oz Rump Steak (GF)**.....£16.95  
Marinated in fresh herbs and oil

**8oz Fillet Medallion (Mignon) (GF)** (subject to availability) £23.95

**8oz Fillet Beef Wellington**.....£24.95  
English mustard, mushrooms, herbs, Parma ham, spinach, shortcrust pastry (served pink or well done)

**22oz Porterhouse (GF)**.....£33.45  
Please allow 40 mins cooking time for medium

**36oz Rib-eye on the bone**..£49.95  
(GF) (Suitable for sharing) Please allow 40 mins cooking time for medium

**18oz Chateaubriand (GF)**....£49.95  
Please allow 40 mins cooking time for medium

**Sauces (GF)**.....£2.00  
Diane, Mushroom, Blue Cheese, Bernaise, Peppercorn

**Garlic Butter**.....£1.00

## Grills

All Grills come with a choice of 1 side

**Classic Mixed Grill (GF)**.....£19.95  
6oz sirloin or rib-eye, lamb cutlet, butcher's chipolatas, gammon, tomato, mushroom, crushed garden peas

**Middletons Grill 🍴**.....£18.95  
6oz sirloin or rib-eye, piri piri chicken breast on the bone, sticky BBQ ribs, onion rings, chilli & spring onion garnish

**Piri Piri Chicken Breast (GF) 🍴**..£10.50  
Chargrilled breast on the bone marinated in spicy piri piri sauce, coleslaw

**Steak & Sticky (GF) 🍴**.....£16.45  
6oz sirloin or rib-eye with half rack of sticky BBQ ribs, chilli & spring onion garnish

**Surf & Turf (GF) 🍴**.....£21.95  
8oz sirloin or rib-eye with piri piri king prawn skewers \*replace prawn skewers with half lobster.....\*£29.45

**Prime Middletons Grill 🍴**.....£25.95  
6oz fillet steak, piri piri chicken breast on the bone, lamb cutlet, sticky BBQ ribs, onion rings, chilli & spring onion garnish

**Sticky Ribs (GF) 🍴**.....£12.95  
Whole rack of ribs in sticky BBQ sauce, chilli & spring onion garnish

**Lamb Rump Steak (GF)**.....£12.95  
Lamb rump steak, roasted tomato, field mushroom, crushed garden peas

**Prime Surf & Turf (GF) 🍴**.....£23.95  
6oz fillet & piri piri king prawn skewers \*replace prawn skewers with half lobster.....\*£30.95

**Sticky & Spice (GF) 🍴**.....£14.95  
Half rack of sticky BBQ ribs, sliced chilli and spring onion & piri piri chicken breast on the bone

**10oz Gammon Steak (GF)**.....£10.95  
Gammon steak, roasted tomato, field mushroom, crushed garden peas

**Steak & Spice (GF) 🍴**.....£16.95  
6oz sirloin or rib-eye & piri piri chicken breast on the bone

## Burgers

**Bacon & Cheese**.....(6oz) £10.00  
(8oz) £11.70  
Steak burger, smoked bacon, cheese, lettuce, relish, burger sauce

**Mushroom**.....(6oz) £9.30  
(8oz) £11.00  
Steak burger, sliced button mushrooms, cheese, lettuce, relish, burger sauce

**Blue Cheese**.....(6oz) £8.75  
(8oz) £10.65  
Steak burger, blue cheese, pickled relish, lettuce

**The Middleton**.....£13.70  
Steak burger, chicken fillet, BBQ pork, lettuce, relish, burger sauce

**Chicken Club**.....£11.50  
Bacon, avocado, lettuce, garlic mayonnaise

**Bean Burger (V)**.....£9.95  
Garden pea and broad bean burger, lettuce, sour cream

## Seafood

**Half Grilled Lobster (GF)**.....£15.95  
**Whole Grilled Lobster (GF)**.....£29.95  
Garlic butter, or thermidor sauce, lemon \*thermidor sauce contains gluten

**Salmon Fillet (GF)**.....£12.95  
Salmon marinated in lemon and herbs

**Battered Haddock**.....£11.65  
Beer battered, crushed peas, lemon

**Whole Seabass Fillets (GF)**....£14.95  
Lemon & parsley

**Mussels**.....£12.45  
White wine, cream, garlic, toasted sourdough

**Calamari**.....£12.95  
Deep-fried breaded squid, garlic mayonnaise

**Seafood Mixed Grill**.....£17.45  
Seabass fillet, salmon fillet, chilli prawns, calamari, lemon

## Vegetarian

**Mushroom Wellington (V)**.....£14.95  
Mushroom, chestnut, butternut squash, spinach in a cream sauce wrapped in shortcrust pastry

**Veg & Halloumi Skewers (V)(GF)**£11.45  
Halloumi, peppers, onion & mushroom, herb marinade

**Macaroni Cheese (V)**.....£9.45  
Blue cheese and cheddar sauce, macaroni pasta, bread crumbs

**Goats Cheese & Veg Tart (V)**...£11.45  
Puff pastry, onion marmalade, courgette, butternut squash, tomato, goats cheese

**Pesto Gnocchi (VG)**.....£10.95  
Gnocchi, green pesto, sun blushed tomato, olives, spinach

(VG) Our Vegan Friendly Option

## Sides

**Fries**.....£2.50  
**Onion Rings**.....£3.50  
**Mushrooms (GF)**.....£3.00  
**Coleslaw (GF)**.....£2.50  
**Sweet Potato Fries**.....£3.50  
**Garden Salad (GF)**.....£2.50

**Wedges**.....£2.50  
**New Potatoes (GF)**.....£2.50  
**Dauphinoise (GF)**.....£3.50  
**Caesar Salad**.....£3.50  
**Crushed Peas (GF)**.....£2.50  
**Five Bean Salad (GF)**.....£3.00

**Green Vegetables (GF)**.....£3.00  
**Root Salad (GF)(N)**.....£3.50  
**Jacket Potato (GF)**.....£2.50  
**Waldorf Salad (GF)(N)**.....£3.50

All our fried sides come unseasoned.

(GF) Gluten Free (V) Vegetarian (N) Contains Nuts (🍴) Moderately Hot If you have any dietary requirements or allergies, please make your waiter aware at the time of ordering. Many of our dishes can be made gluten free, just ask your waiter for alternatives. A discretionary 10% service charge will be added to parties of 8 or more. VAT at prevailing rate.

## Sunday Lunch

Select from a choice of 3 'melt-in-the-mouth' roast meats. (Vegetarian alternative available)

Adults £10.95 Calves from £4.95

## Little Calves

Children's Menu available. Please ask your waiter for more details.

from £4.95

## Set Menu

Mon- Fri: 12-6pm, Saturday: 12-5pm  
1 Course £7.95 2 Course £8.95 3 Course £9.95

### Starters

**Sticky BBQ Ribs (GF) 🍴**  
Ribs in sticky BBQ sauce, chilli & spring onion garnish

**Middletons Pâté**  
Smooth pâté, onion chutney, warm sourdough

**Garlic Mushrooms (V)**  
Button mushrooms in a creamy garlic & herb sauce, warm sourdough

**Spicy Chicken Wings 🍴**  
Deep fried chicken wings, spicy breadcrumbs, sour cream

**Haddock Goujons**  
Deep fried battered haddock, tartare sauce

### Mains

**Minute Steak**  
Roasted tomato & mushroom

**Cheese Burger/Bean Burger (V)**  
Cheese, lettuce, burger relish

**Salmon Salad**  
Salmon, green beans, tomatoes, new potatoes, fresh herbs, lemon dressing

**Butterfly Chicken**  
Tenderised fillet, lemon

**Steak Baguette**  
Minute steak, salad, mustard mayonnaise \*can replace steak with chicken

**Goats Cheese & Veg Tart (V)**  
Puff pastry, onion marmalade, courgette, butternut squash, tomato, goats cheese

All mains come with one choice of: fries, new potatoes, seasonal greens or garden salad

### Desserts

**Summer Berry Pavlova (GF)**  
Meringue, summer fruits, whipped cream

**Middletons Sundae (N)**  
Ice cream, chocolate sauce, brownie, nuts

**Banoffee**  
Banana, toffee, cream, biscuit base, ice cream

**Sticky Toffee Pudding**  
Toffee & date sponge, toffee sauce, cream or ice cream

**Ice Cream (2 scoops) (GF)**  
Vanilla, mint chocolate, strawberry or dark chocolate