

Welcome to Middletons

We pride ourselves on delighting our customers by serving delicious meats carefully prepared at our very own butchery in Middleton, Norfolk. All of our dishes are freshly prepared on site.



Starters

Sticky BBQ Ribs (GF) 🍴 £5.50
Half rack of ribs in sticky BBQ sauce, chilli & spring onion garnish

Chicken Liver Pâté..... £5.45
Smooth pâté, onion chutney, warm sourdough

Spicy Chicken Wings 🍴 £5.45
Deep fried chicken wings, spicy breadcrumbs, sour cream

Ham & Leek Croquettes..... £5.45
Ham & leek in béchamel sauce, mustard mayonnaise

Garlic & Chilli Prawns 🍴 £6.50
Garlic & chilli butter, shell on prawns, white wine, lemon, warm sourdough

Calamari..... £5.65
Deep fried breaded squid, garlic mayonnaise

Prawn Cocktail..... £5.95
Prawns, avocado, marie rose dressing, lettuce, soda bread

Mussels..... £5.45
White wine, cream, garlic, lemon, warm sourdough

Garlic Mushrooms (V)..... £5.15
Creamy garlic & herb sauce, warm sourdough

Brie Wedges (V)..... £5.65
Breaded wedges, chilli jam

Veg & Halloumi Skewer (V, GF).... £5.25
Halloumi, peppers, onion & mushroom, herb marinade

Middletons Board..... £15.95
Smooth pâté, garlic mushrooms, brie wedges, ham & leek croquettes, mixed olives, bread

Nibbles

Marinated Mixed Olives (V)..... £2.45
Mixed Nuts (V, N)..... £1.50
Pork Scratchings..... £2.45
Chilli Bites..... £1.95

Salads

Caesar Salad
Baby gem, bacon, soft egg, croutons, parmesan, caesar dressing

Root Salad (N) (GF)
Red beetroot, carrot, mouli, golden beetroot, tomato, mixed leaf, pine nuts

Waldorf Salad (N) (GF)
Baby gem, apple, grapes, celery, walnuts, mayonnaise

With: Fried Halloumi..... £7.95
Salmon..... £8.95
Chicken..... £9.95
Minute steak..... £10.95

Steaks

6oz	8oz	10oz	12oz
Sirloin (GF)...			
£11.50	£15.45	£18.95	£22.50
Rib-eye (GF)...			
£12.25	£15.95	£19.25	£22.95
Fillet (GF)...			
£17.25	£21.45	£25.65	£28.95

All individual steaks come with a field mushroom, roasted tomato, and a choice of 1 side. All weights are approximate before cooking.

Speciality Steaks

10oz Rump Steak (GF)..... £16.95
Marinated in fresh herbs and oil

8oz Fillet Medallion (Mignon) (GF) (subject to availability) £21.95

8oz Fillet Beef Wellington..... £24.95
English mustard, mushrooms, herbs, Parma ham, spinach, shortcrust pastry (served pink or well done)

22oz Porterhouse (GF)..... £33.45
Please allow 40 mins cooking time for medium

36oz Rib-eye on the bone.. £49.95
(GF) (Suitable for sharing) Please allow 40 mins cooking time for medium

18oz Chateaubriand (GF).... £49.95
Please allow 40 mins cooking time for medium

Sauces (GF)..... £2.00
Diane, Mushroom, Blue Cheese, Bernaise, Peppercorn

Garlic Butter..... £1.00

Grills

All Grills come with a choice of 1 side

Classic Mixed Grill (GF)..... £19.95
6oz sirloin or rib-eye, lamb cutlet, butcher's chipolatas, gammon, tomato, mushroom, crushed garden peas

Middletons Grill 🍴 £18.45
6oz sirloin or rib-eye, piri piri chicken breast on the bone, sticky BBQ ribs, onion rings, chilli & spring onion garnish

Piri Piri Chicken Breast (GF) 🍴 .. £10.50
Chargrilled breast on the bone marinated in spicy piri piri sauce, coleslaw

Steak & Sticky (GF) 🍴 £15.95
6oz sirloin or rib-eye with half rack of sticky BBQ ribs, chilli & spring onion garnish

Surf & Turf (GF) 🍴 £20.95
8oz sirloin or rib-eye with piri piri king prawn skewers *replace prawn skewers with half lobster..... * £28.45

Prime Middletons Grill 🍴..... £24.95
6oz fillet steak, piri piri chicken breast on the bone, lamb cutlet, sticky BBQ ribs, onion rings, chilli & spring onion garnish

Sticky Ribs (GF) 🍴 £12.95
Whole rack of ribs in sticky BBQ sauce, chilli & spring onion garnish

Lamb Rump Steak (GF)..... £12.45
Lamb rump steak, roasted tomato, field mushroom, crushed garden peas

Prime Surf & Turf (GF) 🍴 £22.95
6oz fillet & piri piri king prawn skewers *replace prawn skewers with half lobster..... * £29.95

Sticky & Spice (GF) 🍴 £14.25
Half rack of sticky BBQ ribs, sliced chilli and spring onion & piri piri chicken breast on the bone

10oz Gammon Steak (GF)..... £10.45
Gammon steak, roasted tomato, field mushroom, crushed garden peas

Steak & Spice (GF) 🍴 £15.95
6oz sirloin or rib-eye & piri piri chicken breast on the bone

Burgers

Bacon & Cheese..... (6oz) £9.25
(8oz) £10.95
Steak burger, smoked bacon, cheese, lettuce, relish, burger sauce

Mushroom..... (6oz) £8.55
(8oz) £10.25
Steak burger, sliced button mushrooms, cheese, lettuce, relish, burger sauce

Blue Cheese..... (6oz) £8.75
(8oz) £10.65
Steak burger, blue cheese, pickled relish, lettuce

The Middleton..... £12.95
Steak burger, chicken fillet, BBQ pork, lettuce, relish, burger sauce

Chicken Club..... £10.75
Bacon, avocado, lettuce, garlic mayonnaise

Bean Burger (V)..... £9.25
Garden pea and broad bean burger, lettuce, sour cream

Seafood

Half Grilled Lobster (GF)..... £15.95
Whole Grilled Lobster (GF)..... £29.95
Garlic butter, or thermidor sauce, lemon *thermidor sauce contains gluten

Salmon Fillet (GF)..... £12.45
Salmon marinated in lemon and herbs

Battered Haddock..... £11.45
Beer battered, crushed peas, lemon

Whole Seabass Fillets (GF).... £14.95
Lemon & parsley

Mussels..... £12.45
White wine, cream, garlic, toasted sourdough

Calamari..... £12.95
Deep-fried breaded squid, garlic mayonnaise

Seafood Mixed Grill..... £17.25
Seabass fillet, salmon fillet, chilli prawns, calamari, lemon

Vegetarian

Mushroom Wellington (V)..... £13.95
Mushroom, chestnut, butternut squash, spinach in a cream sauce wrapped in shortcrust pastry

Veg & Halloumi Skewers (V)(GF) £10.95
Halloumi, peppers, onion & mushroom, herb marinade

Macaroni Cheese (V)..... £9.25
Blue cheese and cheddar sauce, macaroni pasta, bread crumbs

Goats Cheese & Veg Tart (V)... £11.25
Puff pastry, onion marmalade, courgette, butternut squash, tomato, goats cheese

Pesto Gnocchi (VG)..... £10.25
Gnocchi, green pesto, sun blushed tomato, olives, spinach

(VG) Our Vegan Friendly Option

Sides

Fries..... £2.50
Onion Rings..... £3.50
Mushrooms (GF)..... £3.00
Coleslaw (GF)..... £2.50
Sweet Potato Fries..... £3.50
Garden Salad (GF)..... £2.50

Wedges..... £2.50
New Potatoes (GF)..... £2.50
Dauphinoise (GF)..... £3.50
Caesar Salad..... £3.50
Crushed Peas (GF)..... £2.50
Five Bean Salad (GF)..... £3.00

Green Vegetables (GF)..... £3.00
Root Salad (GF) (N)..... £3.50
Jacket Potato (GF)..... £2.50
Waldorf Salad (GF) (N)..... £3.50

All our fried sides come unseasoned.

(GF) Gluten Free (V) Vegetarian (N) Contains Nuts (🍴) Moderately Hot If you have any dietary requirements or allergies, please make your waiter aware at the time of ordering. Many of our dishes can be made gluten free, just ask your waiter for alternatives. A discretionary 10% service charge will be added to parties of 8 or more. VAT at prevailing rate.

Sunday Lunch

Select from a choice of 3 'melt-in-the-mouth' roast meats. (Vegetarian alternative available)

Adults £10.95 Calves from £4.95

Little Calves

Children's Menu available. Please ask your waiter for more details.

from £4.95

Set Menu

Mon- Fri: 12-6pm, Saturday: 12-5pm
1 Course £7.95 2 Course £8.95 3 Course £9.95

Starters

Sticky BBQ Ribs (GF) 🍴
Ribs in sticky BBQ sauce, chilli & spring onion garnish

Middletons Pâté
Smooth pâté, onion chutney, warm sourdough

Garlic Mushrooms (V)
Button mushrooms in a creamy garlic & herb sauce, warm sourdough

Spicy Chicken Wings 🍴
Deep fried chicken wings, spicy breadcrumbs, sour cream

Haddock Goujons
Deep fried battered haddock, tartare sauce

Mains

Minute Steak
Roasted tomato & mushroom

Cheese Burger/Bean Burger (V)
Cheese, lettuce, burger relish

Salmon Salad
Salmon, green beans, tomatoes, new potatoes, fresh herbs, lemon dressing

Butterfly Chicken
Tenderised fillet, lemon

Steak Baguette
Minute steak, salad, mustard mayonnaise *can replace steak with chicken

Goats Cheese & Veg Tart (V)
Puff pastry, onion marmalade, courgette, butternut squash, tomato, goats cheese

All mains come with one choice of: fries, new potatoes, seasonal greens or garden salad

Desserts

Summer Berry Pavlova (GF)
Meringue, summer fruits, whipped cream

Middletons Sundae (N)
Ice cream, chocolate sauce, brownie, nuts

Banoffee
Banana, toffee, cream, biscuit base, ice cream

Sticky Toffee Pudding
Toffee & date sponge, toffee sauce, cream or ice cream

Ice Cream (2 scoops) (GF)
Vanilla, mint chocolate, strawberry or dark chocolate