



MIDDLETONS

STEAKHOUSE & GRILL

NIBBLES

- MARINATED MIXED OLIVES / £2.45
- MIXED NUTS / £1.50
- PORK SCRATCHINGS / £1.95
- CHILLI BITES / £1.95
- BREAD BOARD / £3.95



WELCOME TO MIDDLETONS

We pride ourselves on delighting our customers by serving delicious meats carefully prepared at our very own butchery in Middleton, Norfolk. Our meats are delivered daily ensuring a delightfully fresh meal each and every time you dine. Our service style is fun and energetic making our restaurants the perfect place for all occasions.

OUR MOST POPULAR DISHES

Spot the red box around a dish and be reassured that these are our customers' favourite choices. Perhaps you're not sure what to order, so take a chance on one of our classic dishes. We're sure you won't be disappointed!

DIETARY REQUIREMENTS

(GF) Gluten Free / (V) Vegetarian / (VG) Vegan / (N) Nuts / ⚡ Moderately Hot (GF(b)) dish is Gluten Free without bread served

If you have any dietary requirements or allergies, please make your waiter aware at the time of ordering. Many of our dishes can be made gluten free, just ask your server for alternatives.

SERVICE CHARGES

A discretionary 10% service charge will be added to parties of 8 or more. VAT at prevailing rate.



VISIT US AGAIN

Did you know there are seven Middletons restaurants? If you are taking a trip to one of the below locations please pay us a visit, we'd love to welcome you!

- Chelmsford, CM1 1BE
- Peterborough, PE1 1HJ
- Leicester, LE1 5DB
- Colchester, CO1 1DZ
- King's Lynn, PE32 1RH
- Milton Keynes, MK9 2EA
- Norwich, NR1 3JZ

STARTERS

CHILLI PRAWNS / £7.95 ⚡

Shell-on king prawns in chilli & garlic, lemon, sourdough (GF(b))

GARLIC MUSHROOMS / £6.75

Mushrooms in a garlic, herb & cream sauce, sourdough (GF(b))

MOZZARELLA SALAD / £5.75

Beef tomatoes, mozzarella, fresh basil, balsamic dressing (V,GF)

CHICKEN LIVER PÂTÉ / £6.50

Smooth pâté, onion chutney & toasted brioche

CRAYFISH COCKTAIL / £6.95

Crayfish in marie-rose dressing, iceberg lettuce, lemon & brown bread (GF(b))

BAKED CAMEMBERT / £6.50

Whole baked camembert, onion chutney & toasted brioche (GF(b))

BUTCHER'S CHIPOLATAS / £6.25

Chipolatas in a honey & mustard dressing, sesame seeds

SMOKED SALMON / £6.95

Smoked salmon, horseradish cream, lemon & brown bread (GF(b))

VEGAN MEATBALLS / £6.25 ⚡

Vegan meatballs, chilli & tomato sauce & sourdough (VG)

CALAMARI / £6.95

Deep-fried squid in panko breadcrumbs, garlic mayonnaise & lemon

SPICY CHICKEN WINGS / £5.75 ⚡

Chicken wings, hot sauce, spring onions, sesame seeds & blue cheese dressing



SHARERS

MIDDLETONS PLATTER / £20.95

Chicken liver pâté, garlic mushrooms, baked camembert, butcher's chipolatas, mixed olives, dips & breads

SEAFOOD PLATTER / £24.95 ⚡

Chilli prawns, calamari, smoked salmon, crayfish cocktail, lemon, mixed olives, dips & breads

ULTIMATE SEAFOOD PLATTER / £39.95 ⚡

Half lobster, calamari, smoked salmon, crayfish cocktail, chilli prawns, lemon, mixed olives, dips & breads
*choice of 2 sides

STEAKS



SIRLOIN (GF)
6oz / £12.95
8oz / £15.95
10oz / £18.95
12oz / £21.95



RIB-EYE (GF)
6oz / £13.95
8oz / £15.95
10oz / £19.95
12oz / £22.95



FILLET (GF)
6oz / £17.95
8oz / £21.95
10oz / £25.95
12oz / £29.95

ALL STEAKS

Come with a choice of 1 side

Are served with tomato, mushroom & house salad

Are approximate weight before cooking

SAUCES

- DIANE (GF) / £2.00
- BLUE CHEESE (GF) / £2.00
- BEARNAISE (GF) / £2.00
- PEPPERCORN (GF) / £2.00

GARLIC BUTTER (GF) / £1.00

SPECIALITY STEAKS

10oz RUMP STEAK / £16.95

Marinated in fresh herbs (GF)

8oz FILLET MIGNON / £22.95

*Subject to availability (GF)

8oz FILLET BEEF WELLINGTON / £24.95

English mustard, mushrooms, herbs, parma ham, spinach, short crust pastry (served pink or well done)

STEAKS WORTH THE WAIT

These steaks have a longer cooking time.

18oz T-BONE / £28.95 (GF)

(allow 30 mins cooking time for medium)

18oz CHATEAUBRIAND / £49.95

Suitable for sharing (GF)
(allow 40 mins cooking time for medium)

36oz RIB-EYE ON THE BONE / £49.95

Suitable for sharing (GF)
(allow 40 mins cooking time for medium)

GRILLS

All grills come with a choice of 1 side. To upgrade your steak please ask your server.

MIDDLETONS GRILL / £19.95 ⚡

6oz sirloin or rib-eye, piri piri chicken breast on the bone, sticky BBQ ribs, onion rings, chilli & spring onion garnish

SURF & TURF / £22.95 ⚡

8oz sirloin or rib-eye with piri piri king prawn skewers *replace prawn skewers with half lobster / £30.95 (GF)

CLASSIC MIXED GRILL / £19.95

6oz sirloin or rib-eye, lamb cutlet, butcher's chipolatas, gammon, tomato & mushroom

STEAK & STICKY / £16.95 ⚡

6oz sirloin or rib-eye with half rack of sticky BBQ ribs, chilli & spring onion garnish (GF)

STICKY & SPICE / £14.95 ⚡

Half rack of sticky BBQ ribs, sliced chilli and spring onion & piri piri chicken breast on the bone (GF)

STEAK & SPICE / £17.95 ⚡

6oz sirloin or rib-eye & piri piri chicken breast on the bone (GF)

LAMB RUMP STEAK / £13.95

Lamb rump, tomato & mushroom (GF)

PIRI-PIRI CHICKEN BREAST / £10.95 ⚡

Chicken breast on the bone marinated in piri-piri sauce, coleslaw (GF)

STICKY RIBS / £12.95 ⚡

Whole rack of ribs in sticky BBQ sauce, chilli & spring onion garnish (GF)

GAMMON STEAK / £10.95 (GF)

10oz gammon steak, tomato & mushroom

PRIME GRILLS

PRIME MIDDLETONS GRILL / £25.95 ⚡

6oz fillet steak, piri piri chicken breast on the bone, lamb cutlet, sticky BBQ ribs, onion rings, chilli & spring onion garnish

PRIME SURF & TURF / £24.95 ⚡

6oz fillet & piri piri king prawn skewers *replace prawn skewers with half lobster / £32.95 (GF)

PRIME CLASSIC MIXED GRILL / £25.95

6oz fillet, lamb cutlet, gammon, butcher's chipolatas, tomato & mushroom

ULTIMATE SURF & TURF / £49.95

10oz fillet & whole lobster, tomato & mushroom, garlic butter (GF)

SEAFOOD

All seafood comes with a choice of 1 side

HALF GRILLED LOBSTER / £16.50

Garlic butter (GF), or Thermidor sauce, lemon

WHOLE GRILLED LOBSTER / £32.50

Garlic butter (GF), or Thermidor sauce, lemon

SEAFOOD MIXED GRILL / £19.95

Seabass fillet, salmon fillet, scampi, calamari, lemon

SPICED SALMON FILLET / £13.95

Oven roasted salmon fillet, spiced marinade, lemon (GF)

SEABASS FILLETS / £15.95 (GF)

Oven roasted seabass fillets, herbs, lemon

DUBLIN BAY SCAMPI / £13.95

Breaded Dublin bay prawns, tartare sauce, lemon

CALAMARI / £13.95

Squid, panko breadcrumbs, garlic mayonnaise, lemon



VEGETARIAN/VEGAN

STEAK / £10.95

Vegan steak, tomato, mushroom, house salad (VG, GF)

BEYOND MEAT CHEESE BURGER / £9.95

Vegetarian burger, cheese, lettuce, tomato, mustard mayo (V)

SPICED BREADED GOUJONS / £10.95

Vegan breaded chicken style fillets, house salad, lemon (VG)

MACARONI CHEESE / £10.95

Blue cheese & cheddar sauce, macaroni pasta & breadcrumbs (V)

VEGETABLE TART / £10.95

Roasted veg in shortcrust pastry (V)

MUSHROOM WELLINGTON / £12.95

Shortcrust pastry stuffed with mushrooms, cashews (V, N)

SIDES



/ £2.95

FRIES (V)

NEW POTATOES (V)

JACKET POTATO (GF, V)

COLESLAW (GF, V)

WEDGES (V)

HOUSE SALAD (GF, VG)

/ £3.50

MUSHROOMS (GF, VG)

TOMATO & MOZZARELLA SALAD (GF, V)

SUGAR SNAPS & SPINACH (GF, V)

CAESAR SALAD

/ £3.95

MACARONI CHEESE (V)

DAUPHINOISE (GF, V)

SWEET POTATO FRIES (V)

ONION RINGS (V)

SPECIAL MENUS

LUNCH FIXED PRICE MENU / Mon-Fri 12-6pm, Sat 12-5pm

Our excellent value set menu offers some of the best of Middletons at the best prices.

1 Course / £8.95, 2 Courses / £9.95, 3 Courses / £10.95

PRIME SET MENU / Mon-Fri 12-close

Our Prime set menu is the perfect mid-week treat, featuring some of your favourite Middletons meals.

2 Courses / £15.95, 3 Courses / £18.95

SUNDAY ROAST / Available 12-4pm

Our ever popular roast dinners feature on a separate menu offering two or three courses. The perfect Sunday treat! Please ask your server for more details. (Vegetarian alternative available)

1 Course / £10.95, 2 Courses / £13.95, 3 Courses / £16.95

LITTLE CALVES / from £5.95

We also cater for children offering healthy choices and some treats too. Please ask your server for more details.

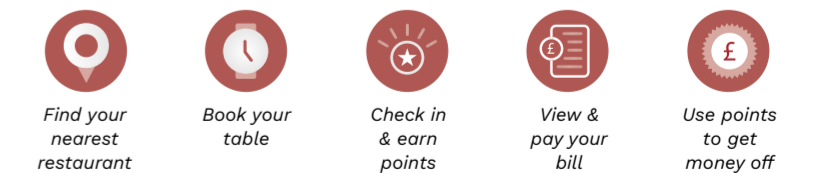
PARTY MENU 3 Courses / from £22.95

If you are booking a large party with us, why not pre-book from our Party Menus on our website. Please ask your server for more details.

DOWNLOAD OUR APP

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